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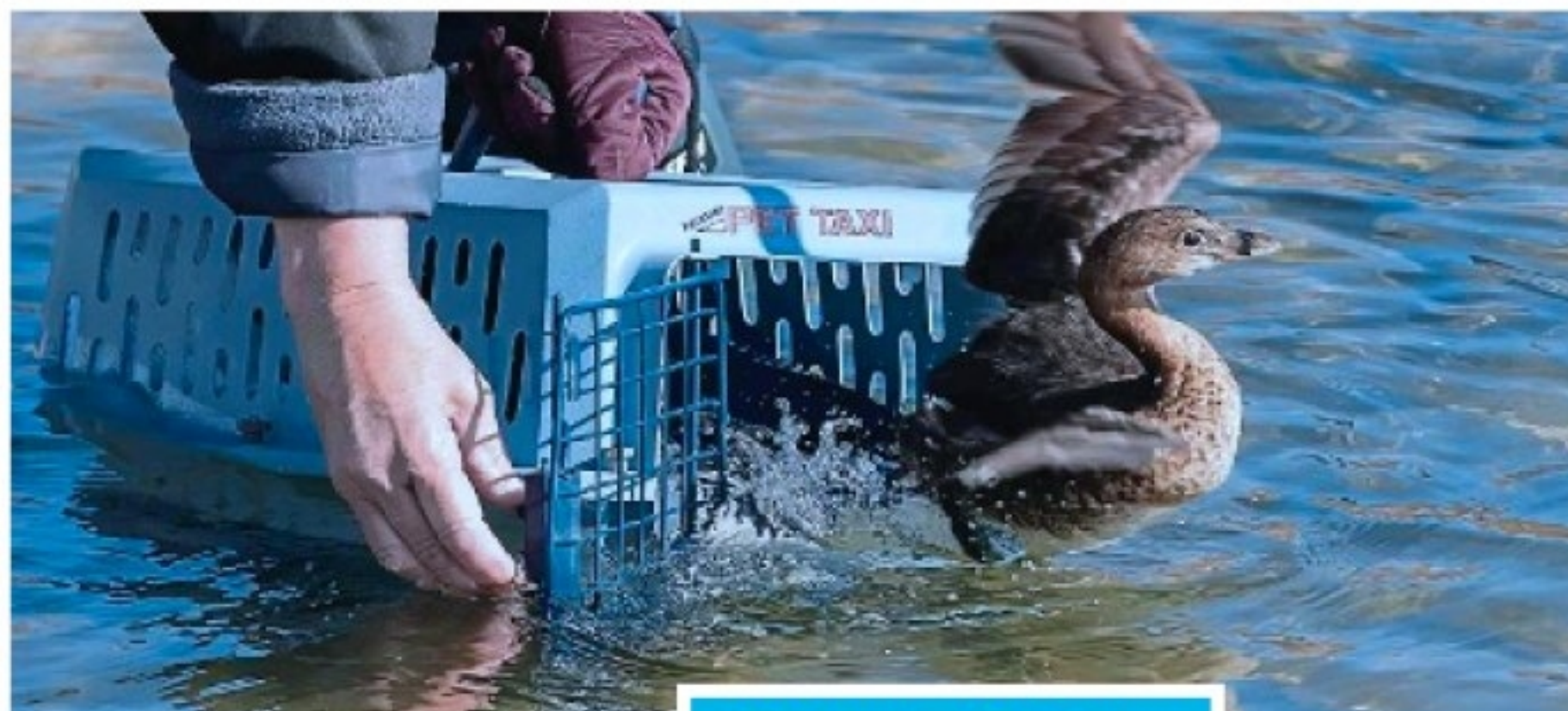


Ellen Vanstone
**Hey, cyclists:
Sometimes the
driver is right**
metroVIEWS



Your essential daily news MONDAY, MAY 15, 2017

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Why is our boom town such a bust?


Matt Elliott
Tory's Toronto

Decades from now, when historians look back at this time in Toronto's history, they're going to be so confused.

"So," they'll ask, "in 2017 Toronto was experiencing its greatest period of prosperity: a growing population, a ridiculously hot housing market and an economy helping to push provincial growth to levels outpacing all G7 countries?" Yep, all true.

"OK, but during this boom time, publicly owned housing units were left to crumble, the transit system saw only meagre bits of expansion and critical programs supporting the city's most vulnerable were chronically starved for cash? How does that work?"

I wish I had a good explanation. But poverty in the time of prosperity is Toronto's continued reality.

Last week, the city's budget committee approved a plan calling for another year of austerity in 2018. City manager Peter Wallace recommends a total freeze on department spending. Wallace also reports the city has reached its debt capacity, meaning there is no room for new spending on major public-works projects.

All this would be tolerable if

anyone could think the city's status quo is fine, but that's an impossible story to tell.

Absent new funding, Toronto Community Housing units will continue to close due to disrepair. After decades of pushing the relief line subway down the list of priorities, Line 1 is overloaded every weekday.

And with an operating budget freeze, huge parts of the city's shelter system will continue to operate at or above capacity. And Toronto is likely to keep its title as child-poverty capital of Canada.

How does this happen in a city where people are routinely paying a million dollars for shacks and hovels — a city that has raised more than \$3 billion through real-estate taxes since 2009? In a province that's touting its balanced budget and economic strength?

For answers, look to leadership. These days, Mayor John Tory and Premier Kathleen Wynne are engaged in a war of words over funding.

Both should remember that getting something built is a far better legacy than winning an argument.

And for the rest of us, let's keep in mind that both Wynne and Tory will be up for re-election next year. Let's ask the big questions. Mayor Tory, Premier Wynne: Why is our boom town such a bust?

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Humans of Toronto by K. Omar



“Today, a high school student asked me for change. I guess he's going through it with his dad or something, so he asked me for change and I was ready to say, 'I don't have any.' But, I could just see the look on his face.

I gave him the only two bucks I had in my pocket. I gave him some words of encouragement and told him that whatever he's going through at home, he'll get through it and to not let himself be eaten up by it. He was really grateful that I took the time to really talk to him. I don't necessarily have a philosophy on life, but I do believe that when you have the mindset of hope for the best, everything really falls into place. Communicating on that personal level with him, it really touched me.

Humans of Toronto is K. Omar's social photography project aimed at photographing and talking to people in the city. Selections from her work feature weekly in Metro. See more at Humans of Toronto on Instagram.

Music class 'endangered'

PUBLIC EDUCATION

Advocates say increasingly it's a have and have-not split

For many elementary school kids, music class will be the only chance to fall in love with the tuba, discover they love singing alto in a choir, or to experience the rewards of learning and performing as a group.

But those opportunities are continuing to decline in Ontario classrooms because fewer schools have the trained teachers, instruments or spaces to teach music, says a new report.

A survey of 1,000 schools by People for Education found only 41 per cent of elementary schools have a full-time or part-time spe-



Fred Penner at Regent Park School of Music. THE CANADIAN PRESS

cialist music teacher this year.

Ten years ago, 48 per cent of schools had a music teacher, the group said. And it's down from 58 per cent in 1998.

Longtime arts advocate Holly Nimmo calls the decline "criminal" because not having access to music robs kids of vital opportunities.

"Music education is endangered and this is a wake-up call," says Nimmo, executive director of the Coalition for Music Education.

Among other findings, the report said children in smaller and rural schools are the least likely to get a chance to try the violin or rehearse the melody for

a choral piece. Schools in the GTA are more than twice as likely to have music teachers than those in eastern and northern Ontario.

Budget cuts have had a negative impact on teaching other arts as well, including dance, drama and visual arts, the report says, despite the Ministry of Education's recognition that the arts play a vital role in creativity, academic achievement, leadership and problem-solving.

Advocates also stress that when exposure and learning about the arts aren't provided in the classroom, it creates have and have-not schools, with students in more affluent communities benefitting from outside fundraising while other kids miss out.

The report says all students regardless of where they live or their family income should receive arts instruction during school hours. TORSTAR NEWS SERVICE

Most Ontarians support expanded rent control: Poll



David Hains
Metro | Toronto

A majority of Ontarians support expanded rent control.

That's the finding from a new poll by Forum Research, which showed that 53 per cent of the 1,103 Ontario voters surveyed approve of the move

to expand rent control to all apartment units. Twenty-five per cent disapprove, while 22 per cent said they don't know.

A 47 per cent plurality also approved of a standard lease for tenants, while 21 per cent disapproved and the remainder did not have an opinion.

Both measures were part of a housing reform package introduced by the provincial govern-

ment in April after months of criticism and media scrutiny on housing affordability and tenant rights, including Metro's Code Red series.

Support for the new measures was highest among Torontonians, Ontarians under the age of 44, and Liberal and Green Party supporters. Approval was lowest among men, 45-54 year-olds, and Conserva-

tive supporters.

"Given the rapid rise of housing costs across Ontario, it's no surprise the majority supports an expansion to rent control," wrote Dr. Lorne Bozinoff, the president of Forum Research, in a statement.

The poll was conducted over May 9 and 10, and is considered accurate plus or minus three per cent 19 times out of 20.

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BOOST FAT BURNING

THE POWERFUL SLIMMING EFFECT OF HEAT

Are you looking for a smart way to burn body fat on a daily basis? Scientists have found that a natural food substance in chili has powerful effects on body fat levels. The key is in heat production.



Our body has two types of fat tissue; White and Brown. White fat is passive and just stores fat on your body. But brown adipose fat tissue (BAT) regulates the burning of calories for heat. Brown fat was thought to only be active in infants, to stay warm, but studies are showing that BAT can still be active in adults and the more active it is, the thinner they are!*

HOW DO WE ACTIVATE BROWN FAT?

Freezing your body is one way (cold showers,

exposure to ice etc.), but luckily, this is not the only way. BAT is also activated by a natural ingredient called capsaicin – the chili compound that makes hot peppers hot. Add chili to a meal and you increase fat burning up to 150%.*

ADDING EGCG FROM GREEN TEA TO MAKE A "SUPER FAT BURNER"

The problem though, is that for best results, you need to add chili to most meals.* Since this is not practical, New Nordic has designed a tablet called Chili Burn™, containing

the ideal amounts of chili pepper for fat burning. But to increase the power of the tablet, we added green tea and chromium, which have long been used and proven to promote slimming, especially around the belly.* Take one tablet with your morning and mid day meal, and you are on your way to a leaner you.



Chili Burn™ is made in Sweden and has been a best-selling natural supplement in Europe for over a decade. While Chili Burn™ won't work overnight, it will surely, safely and gradually help you burn more body fat and in time help you reach your slimming goals.

DID YOU KNOW?

Chili has been blamed for hurting the stomach lining and creating a burning sensation, but research shows the opposite. Hot chili peppers actually protect the stomach lining and may prevent gastric upsets.*

TEST YOURSELF

- ☐ I want to lose at least 5 kilos
- ☐ I store fat on my belly
- ☐ I don't eat many spices
- ☐ I don't drink a lot of green tea
- ☐ I don't exercise twice a week

If you answered "yes" to most of these questions, then Chili Burn is a great tool for you to lose weight safely and surely.



Chili Burn™ is available in Canada at major pharmacies and health food stores. For more information or to buy directly from the manufacturer, call 1-877-696-6734 or visit our website. * For all references, please visit our website



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Toronto DIGEST



CITY HALL TORONTO SIGN GETS A MAKEOVER Toronto's newest tourism star is getting a facelift after emerging from winter worse for wear. Staff on Friday removed a frayed vinyl wrap from the Toronto sign in Nathan Phillips Square and replacing it with a new one. **TORSTAR NEWS SERVICE**

Proposed sewage plant most advanced in country

The municipality behind a proposed sewage treatment plant that will drain into the highly sensitive Lake Simcoe watershed says the technology it plans to use is the most advanced in the country. York Region is awaiting approval from the province on its \$685-million Upper York Sewage Solutions project. The plant is needed to accommodate growth in northern York Region, where development has been slow because of a limited sewage infrastructure.

TORSTAR NEWS SERVICE

Suspicious package blown up at Etobicoke school

Toronto police detonated a suspicious package that was discovered at a local school. Police were called to St. Eugene Catholic school in the city's northwest end on Sunday after reports of three teens playing with a package in the schoolyard. After several hours, police moved the package to safe location and detonated it. Police say they don't know what was in the package or whether it was dangerous but will have the remains tested.

THE CANADIAN PRESS

Rooming house owners face charges over fatal blaze

The owners of a Willowdale rooming house are accused of multiple violations of Ontario's fire code after a blaze last fall killed a woman. Firefighters pulled the 47-year-old woman from a burning bungalow near Yonge and Sheppard, on Nov. 30. The woman received CPR but was later pronounced dead at hospital. Toronto Fire Service said Friday that after an investigation Thevathurai Akilan, Balatharshini Akilan and AKS Rental Management Inc., will face charges.

TORSTAR NEWS SERVICE

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Wildlife centre eyes \$30M facility

ANIMALS

Proposal asks for \$15 million in funding



David Hains
Metro | Toronto

Toronto could get Canada's largest and most advanced animal-welfare facility.

The Toronto Wildlife Centre (TWC) has proposed a \$30-million project to replace its outdated buildings, which could be demolished in the near future.

The new 52,000-sq.-ft. facility would be located on a site near Steeles Avenue East and the Rouge River, south of Rouge National Urban Park and north of the Toronto Zoo. The proposal requests \$15 million in funding from Toronto Region Conservation Authority member cities, while the remainder would be raised by the TWC.

With Toronto's extensive green spaces, lakeshore and



TW Centre cares for up to 5,000 animals a year. CONTRIBUTED

even green roofs, Nathalie Karvonen, the executive director of the TWC says there's more need for an adequate Wildlife Centre to support injured animals and provide education about wildlife.

"I see the massive need every day," she told Metro.

"We get 200 phone calls a day," she added — calls that can range from people worried about a garter snake in their backyard to a case last week where a falcon got its talons stuck in the headlight of a car.

TWC wants to expand its operation to go along with the new site. "We want to be available when a bear goes into Scarborough at 2 a.m.," she said, referencing the 300-pound animal who was shot and killed by police near McCowan and Middlefield over the weekend.

Karvonen that if the TWC was open during that case, chemical immobilization would have been available, and there likely would not have been a need for the bear to be killed.

HAVE INSOMNIA?

FIND OUT IF YOU QUALIFY FOR AN INSOMNIA RESEARCH STUDY

A clinical research study is studying an investigational medication to see if it may help people stay asleep at night.

QUALIFIED STUDY VOLUNTEERS WHO PARTICIPATE MAY RECEIVE:

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- Are a woman age 55 or older OR a man age 65 or older
- Wake up often during the night or too early in the morning
- Have had insomnia at least 3 times a week for at least 3 months

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NOTICE OF CERTIFICATION AND PROPOSED SETTLEMENT OF CANADIAN OXYCONTIN® AND OXYNEO® LITIGATION

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WHAT IS THE PROPOSED SETTLEMENT AND WHO IS INCLUDED?

A Canada-wide settlement has been reached in several proposed class actions relating to the prescription drugs OxyContin® and OxyNEO®. To become effective, the settlement will require court approval. If you, at any time between January 1, 1996 and February 28, 2017 inclusive, were prescribed in Canada and ingested OxyContin® tablets and/or OxyNEO® tablets, you and your family members may be entitled to receive compensation for certain injuries. The settlement provides for a \$20 million (CDN) Settlement Payment which will pay for these benefits, as well as for the costs of administering the settlement, payment of the claims of Provincial Health Insurers and Class Counsel Legal Fees.

OPTING OUT

If you are a member of the Class and do not wish to be bound by future orders made in the Proceedings, and/or by the Settlement you must take active steps by "Opting Out". To Opt Out, you must fully complete and submit an Opt Out Form to the Claims Administrator by the Opt Out Deadline of July 12, 2017. Opt Out Forms are available at www.oxycontinclassactionsettlement.ca or may be requested by mail or telephone from the Claims Administrator. If you Opt Out, you will NOT be able to make a claim for compensation under the Settlement.

OBJECTING TO THE PROPOSED SETTLEMENT AND OPPORTUNITY TO APPEAR

In order for the Settlement to become effective, it must be approved by the Courts in Ontario, Québec, Nova Scotia and Saskatchewan. If you wish to object to the Settlement, you must submit a written objection to the Claims Administrator by no later than July 12, 2017 at the address listed below and you may attend the hearings on the following dates:

Ontario Class: July 18, 2017 at 10:00 a.m. at the Ontario Superior Court of Justice, 361 University Avenue, Toronto, Ontario.

Québec Class: August 9, 2017 at 9:30 a.m. at the Superior Court of Québec, 1 Notre-Dame East, Montréal, Québec.

Atlantic Canada Class: August 1, 2017 at 9:30 a.m. at the Law Courts Building, 1815 Upper Water Street, Halifax, Nova Scotia.

Saskatchewan Class: August 24, 2017 at 10:00 a.m. at the Court of Queen's Bench, 2425 Victoria Avenue, Regina, Saskatchewan.

PARTICIPATING IN THE SETTLEMENT

If the Settlement is approved by the Courts, you will have a limited amount of time within which to submit a claim for compensation. You will be able to submit your claim online through a website portal. You will also have the option to submit a paper Claim Form. If the Settlement is approved, the paper Claim Form will be posted on the settlement website at www.oxycontinclassactionsettlement.ca and will be available on request from the Claims Administrator.

FOR MORE INFORMATION:

If you have questions about the Settlement and/or would like to obtain more information, please visit the settlement website at www.oxycontinclassactionsettlement.ca or contact the Claims Administrator at:

RicePoint Administration Inc.
PO Box 4454, Toronto Station A,
25 The Esplanade
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Email: oxycontin@ricepoint.com
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You can also contact Class Counsel at any of the following firms:

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Joel P. Rochon
Tel: 416-363-1867

Siskinds LLP
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Global digest

Cyberattack havoc may become bigger problem

An unprecedented "ransomware" attack that hit tens of thousands of victims in 150 countries could wreak greater havoc as more variations appear and people return to work Monday. Experts on Sunday urged organizations to update their operating systems immediately to ensure they aren't vulnerable to a second version of the software — or to future versions that can't be stopped. AP

Merkel's party wins vote in rivals' heartland

Chancellor Angela Merkel's conservatives won a state election Sunday in their centre-left rivals' traditional heartland, a stinging blow to the German leader's challenger in September's national vote.

The western state of North Rhine-Westphalia is Germany's most populous and has been led by the centre-left Social Democrats for all but five years since 1966. AP

North Korea says new missile can carry nukes

North Korea said Monday the missile it launched over the weekend was a new type of long-range ballistic rocket that can carry a heavy nuclear warhead. If confirmed, it marks another big step forward in the country's efforts to field a nuclear-tipped missile capable of reaching the U.S. Experts don't believe the North can do that yet, but each new test pushes them closer to the goal. AP

U.S. democracy 'under assault,' says Clapper

American democracy is "under assault," the former U.S. intelligence chief said Sunday, expressing dismay over the abrupt firing of FBI director James Comey. "I think, in many ways, our institutions are under assault, both externally — and that's the big news here, is the Russian interference in our election system," said James Clapper. "I think as well our institutions are under assault internally." AP

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SCIENCE FORT MAC DINO 'TRULY EXCEPTIONAL' Six years ago, a miner working north of Fort McMurray hit it big — except it wasn't oil, but a dinosaur. "It's been worth the wait," said Donald Henderson, curator for the Royal Tyrrell Museum, during an announcement Friday for the unveiling of the 112-million-year-old nodosaur. "It's the best-preserved armoured dinosaur in the world." The nodosaur had been so well kept that pieces of its skin, armour and stomach contents are preserved. "It's truly exceptional," Henderson said. TEXT: JEREMY SIMES/METRO EDMONTON; PHOTO: GOVERNMENT OF ALBERTA

N.B. high on legalization

MARIJUANA

But other provinces fret over work still to be done

Provinces have been protesting the large volume of work and heavy costs they say the Trudeau government has piled on them in its rush to legalize recreational cannabis across Canada by next year.

So far, however, the small province of New Brunswick has been taking the high road.

Unlike other members of the federation, New Brunswick isn't pressing for federal compensation to cover the bills of pot legalization, nor is it in a particular scramble to draw up the plans, the province's health minister said.

Provinces have been busy since the federal government tabled legislation last month to legalize and regulate recreational marijuana use, with a primary aim of keeping weed out of the hands of youth and criminals. Ottawa hopes to make it hap-

pen by July 2018.

"We didn't just wait for the federal legislation and then start — we started doing our homework and our due diligence well before, anticipating what the federal legislation was going to look like," New Brunswick Health Minister Victor Boudreau said in an interview.

"There's no question if the federal government is willing to help with some of the up-front costs — I'm sure we wouldn't say no to that. But I'm not necessarily saying that would be necessary just yet, either."

New Brunswick's enthusiasm is connected to the fact the province views pot legalization as a future driver for its struggling economy. Premier Brian Gallant has been trying to position New Brunswick to ensure it gets a big percentage of Canada's eventual regulated-pot industry, which he predicts will generate "significant" growth.

Some provinces, however, aren't expecting meaningful windfalls and have expressed concern about what they see as a hurried course set by Ottawa toward legalization.

THE CANADIAN PRESS



URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen,

I was driving my car the other night when a bike came out of nowhere and I nearly collided with it. The cyclist swore at me and rode off. I'm sure he was very upset, but I don't think his behaviour was acceptable, especially since he had no bike light, and he was dressed entirely in dark clothing, and was completely invisible. Am I right to be offended by his "rude" behaviour?

A Responsible Driver

Dear Responsible Driver,

When it comes to feeling offended, there is no right or wrong. It's how you act that matters. In the situation you describe, how the cyclist acted was both rude and dangerous.

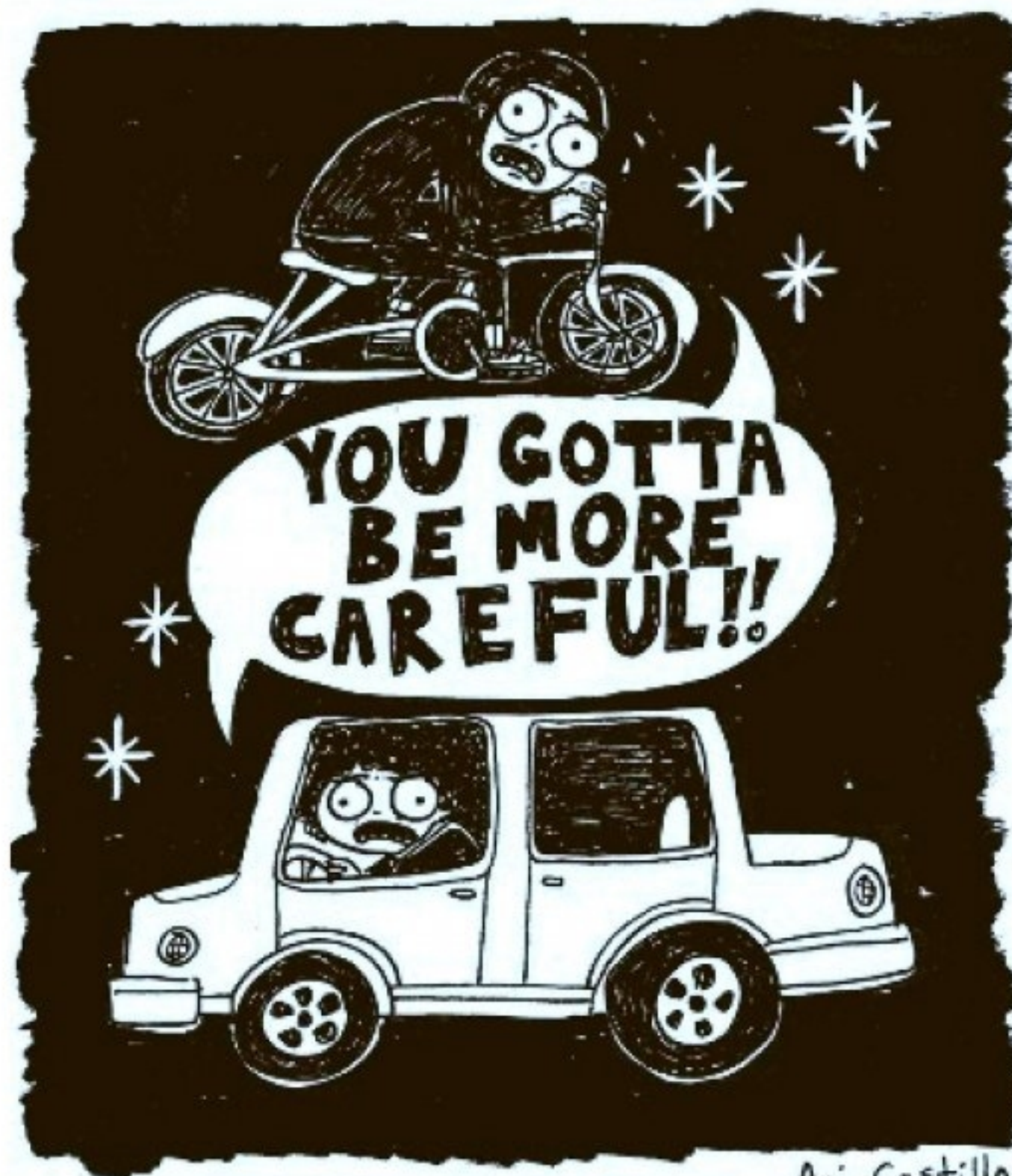
I sometimes drive a car and often ride a bike in the city, so I've seen both sides in the road wars between the two factions. As a cyclist, I've been hit by cars twice, run off the road, doored, plus the usual quota of terrifying near misses. I've pedalled madly after bad drivers for blocks in order to knock on their car window and politely but firmly chastise them (no swearing) for cutting me off or suddenly, scarily blasting their horn at me for no reason.

As a driver, I've also seen the kind of bike behaviour that gives all of us cyclists a bad name — weaving in and

Yes, cars are bigger and can kill you. That doesn't mean you get to treat their drivers with utter disrespect.

THE QUESTION

Are cyclists entitled to treat drivers rudely?



Ani Castillo

out of traffic, riding on the sidewalk, hogging an entire lane when there's no need, failing to signal before turning or coming to a sudden stop, cutting off other cyclists or startling them by passing on the inside. One of the worst offences is riding a bike at night without a light, then having the gall to become indignant when cars almost run them over.

For all the bad cyclists out there, please note that it's not only dangerous when you break laws and ride so recklessly. It's also the

height of rudeness. Yes, cars are bigger and can kill you. That doesn't mean you get to treat their drivers with utter disrespect. At the very least, you're causing unnecessary stress in another human being who's just trying to legally get through the day. You're also contributing to a destructive dynamic between drivers and riders. At the very worst, you're risking not only your own injury or death, but the likelihood of ruining another person's entire life if they end up injuring or killing you through no fault of their own.

If you get caught on your bike at night without a light, take side streets with no traffic. If a car approaches, stop or ride slowly on the sidewalk if there are ZERO pedestrians around. If there's no way to avoid traffic, get off your bike and walk it home.

Basically, do not make yourself both invisible and obnoxious whilst riding at night. It's the polite thing to do.

Need advice?
Email Ellen:
askellen@metronews.ca

VICKY MOCHAMA

Can we really trust the cartoons trying to breach our borders?

For \$345 million US, Canadian company DHX Media bought iconic cartoons Peanuts and Strawberry Shortcake. While some have suggested the cartoon children's exodus is related to Trump, that's purely coincidental.

But there is reason to believe their application for Canadian citizenship may be fraudulent. While only adults face formal interviews, Charlie Brown and Strawberry Shortcake are suspect.

Although Mr. Brown is nearly 69 years old and Ms. Shortcake is 38, they claim to be eight and six. On these grounds, immigration officials sat down with the applicants. Here is a snippet of the conversation:

Interviewer: What are your reasons for moving to Canada?

C. Brown: It can be hard for a bald kid to make it in America. In Canada, anyone can kick a football or fly a kite.

Interviewer: What do you say to reports that you are being paid to move here?

S. Shortcake: That is berry much none of your business!

Interviewer: Have you ever been affiliated with any terrorist or secessionist groups?

C. Brown: To some, Linus' obsession with the Great Pumpkin might come off as fundamentalist in nature, but I assure you it's a childish obsession.

Interviewer: What is the nature of your relationship?

S. Shortcake: Let's just say someone is berry into girls

with red hair.

Interviewer: How much do you know about Canadian history?

C. Brown: Mrs. Othmar may have mentioned something, but she's so difficult to hear.

Interviewer: How do you plan to support yourself while in Canada?

C. Brown: I have decades of experience as a baseball team manager. I'll be consulting for the Toronto Blue Jays.

Interviewer: One of your co-applicants, a Ms. Lucy van Pelt, says the team only wins when you're not there?

C. Brown: Yes, the team has asked that I not attend any games.

Interviewer: And you, Ms. Shortcake?

S. Shortcake: There's a berry big opportunity in the strawberry industry! Canadian strawberry production has decreased but domestic consumption has increased! Imports are berry big business!

Interviewer: Do you have any friends or family in Canada who will be helping you settle in?

C. Brown: My good friend Caillou has kindly offered us a place to stay.

S. Shortcake: We'll see about that. No one likes him. Even you don't like him.

File notes: Both applicants were unwilling to confirm their ages. Mr. Brown insisted they are simply "mature for our age."

Since they appear to be children, however, their application is approved.

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The appeal of Brigitte Macron

CULTURE

Why first lady will be unlike any other in French history

Genna Buck
Metro | Toronto



When it comes to the appeal of Brigitte Macron, the new first lady of France, North Americans just don't get it.

That's according to Thomas Gallezot, who organized president-elect Emmanuel Macron's campaign in Ontario and Manitoba. (France, uniquely, divides the whole world up into ridings and elects MPs to represent expatriates).

Macron, 39, and his 64-year-old wife are subjects of great fascination in France, where the country's youngest post-war leader was inaugurated Sunday amid much pomp and ceremony.

But the attention that has focused on the new first couple

at home is not what one would expect, Gallezot said.

Over the course of the campaign, Brigitte Macron "shifted from a liability to an asset," he said.

"She's incredibly loveable, with incredible grace ... in my mind it's very similar to the Obama couple."

Like Obama, Macron inspires respect and admiration even from people who disagree with him politically, Gallezot said — and that's thanks to his wife.

The Macrons' unabashed affection for one another makes

people think, "This president is probably a good person, because he succeeded in building this couple," he said.

It's well known in political circles, he added, that Brigitte is easier to approach than Macron — her interpersonal skills are just better.

"She's very confident in who she is, doesn't need to prove anything, perhaps because she never had to struggle. She came from a rich family," Gallezot said.

Brigitte Macron appears ready to become a first lady unlike France has ever had. Her involvement in the campaign as a "great political mind" in her own right is a "game changer" in France, Gallezot said, but what's even more unusual in French political culture is the fact that she and Macron have no children together and never planned to do so.

"It's a shocker for people, for him to not have children with this woman from the get-go," he said.

What isn't so shocking in France, Gallezot said, is the couple's age difference. The couple first met when Macron was just 15 and Brigitte, then a married mother of three, was his drama coach.

It seems tawdry to North American sensibilities, but "it's not such a big deal," Gallezot said. "(In North America), the teacher is really an authority. It's different in France, especially in a bourgeois town like theirs. I cannot count the number of French movies where the teacher has a love affair with a young student."

That's not to say Brigitte escaped misogynistic abuse from the media and the French public, Gallezot added, citing a cartoon in the far-left magazine Charlie Hebdo that pictured Macron with a very pregnant Brigitte and the caption, "He will make miracles!"

Susan Prentice, a sociology professor at the University of Manitoba, points out that the couple's age difference is the



Brigitte Macron gestures to crowds Sunday at the Elysee Palace to attend her husband Emmanuel's formal inauguration ceremony as French President. GETTY IMAGES

same as that of Donald and Melania Trump.

"The interest in the age difference between Macron and Brigitte is pure evidence of an enduring double standard," Prentice said in an email.

Despite this and other gossip and conspiracy theories — like one suggesting that he is gay and Brigitte is his cover, which Macron condemned for being the result of "rampant homo-

phobia" — Gallezot believes Brigitte's charisma played an important role in attracting voters to Macron's party, En Marche, and ultimately swinging the election in his favour.

That was especially true in Canada, where French voters were already disposed to like Macron because of his pro-European, centrist views — a huge contrast with his far-right, anti-immigrant opponent Marine Le Pen, who was extremely alarming to the emigrant community living abroad.

"The media uses the term cougar to refer to Brigitte. It's not fitting to her at all. It means predator. She's the contrary of a predator. Everyone comes to her."



She's the contrary of predator. Everyone comes to her.

Thomas Gallezot

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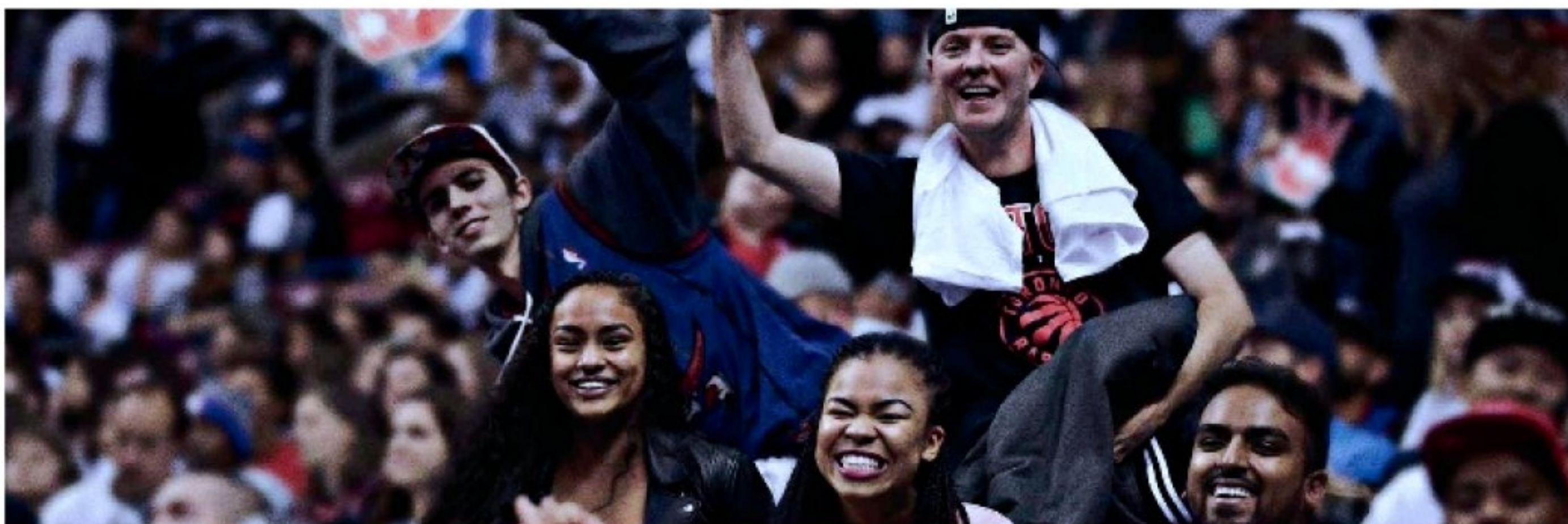
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Finding the cream of the canola crop

TERROIR

New branding builds on unique conditions where oilseed is grown

Owen Roberts
Urban Cowboy



Manitoba farmer Bruce Dalgarno is pumped. He's preparing to plant a whopping 485 hectares of canola — the crop that turns fields a brilliant yellow — on his farm, an hour north of Brandon.

His crop will cover the equivalent of about 900 football fields. That's a lot of canola.

However, it's a relatively tiny portion of the crop — one football field's worth, perhaps — that has him the most excited. That's the part he'll dedicate to helping advance a new cold-pressed, premium canola oil initiative called XV Canola (XV means extra virgin).

It's designed to distinguish canola oil from his farm and others in his immediate region, from canola grown elsewhere in the province.

And all this is made possible, says Dalgarno, because heart-healthy canola has been found to have its own terroir.

"It's exciting," says the farmer. "If consumers want a distinct canola, we can deliver a terroir product."

Really? A terroir, like wine, coffee and chocolate...from the canola fields of Manitoba? It's true.

Terroir is the way the geography, geology and climate of a location interact with plant genetics. The mingling results in distinct biochemistry and characteristics, especially taste and colour.

Terroir is the talk of cocktail parties. It's usually the domain of high-value food



Bruce Dalgarno (right) is one Manitoba farmer who is preparing to make premium canola oil with a terroir designation. TOP PHOTO: ISTOCK; OTHER PHOTOS: SHANNON VANRAES/FOR METRO



THE FUTURE of FARMING

Canola: a truly Canadian crop

Canola was developed in Winnipeg in the early 1970s, by researchers at Agriculture and Agri-Food Canada and the University of Manitoba. Its name combines the words "Canada" and "oil." Canola has caught on with farmers and consumers. Canada's canola industry adds more than \$26 billion in economic activity to the Canadian economy.

The biotech connection

Canola was developed using traditional plant breeding techniques. Over time, though, canola was altered using biotechnology, so farmers wouldn't have to spray as much herbicide (to kill weeds). It's the canola plants that are modified, not the oil. Canola oil from the herbicide-tolerant plants is not genetically modified.

and beverages, not a widely grown commodity like canola.

But Ellen Pruden, director of the Canola Eat Well program for the Manitoba Canola Growers Association, had a hunch that the oilseed would

present different characteristics depending on where it was grown.

Plus, she thought a terroir label might help personalize canola, and help it capitalize on the local, authentic food

movement.

So she and her colleagues at the association worked with food innovation company NuEats, the commercialization arm of the Manitoba Agri-Health Research Network, to take the idea of canola terroir for a test drive.

They gathered canola from farmers in three different areas of the province, about 400 km. from each other. They had it cold-pressed into high-quality oil, and ran it by 12 taste testers, including experienced chefs and culinary teachers.

The results were clear.

Oil from Dalgarno's farm, furthest west of the lot, was bright yellow and had a nutty aroma. Oil from the north was more orange, and had what Pruden describes as "grassy notes."



And finally, oil from the Winnipeg area had a strongly intense fresh canola aroma and flavour, owing perhaps to the



FARM links

More on canola oil and its uses online

What is canola, anyway?

canolacouncil.org/oil-and-meal/what-is-canola

Where to buy X V (extra virgin) Canola

xvcanolaoil.com

Power Bowl Recipe

Canola oil may be used in a number of tasty dishes. One of Pruden's favourites is this Green Goddess Power Bowl Recipe: canolaeatwell.com/recipe/green-goddess-power-bowl

Take our poll

What is your favourite use for canola oil? Let us know at metronews.ca

soil's high iron content.

Vive la difference! said the canola association. And it proceeded to bottle the oil in 500 ml and 250 ml containers (as well as four-litre jugs for the foodservice sector) and sell it online, where consumers gobbled it up.

Buoyed by this initial reception, 17 canola farmers, including Dalgarno, are joining forces this year to create a company that will sell terroir canola by three newly named areas: Northern Lights (the north), Big Prairie Sky (central) and Heartland (south).

Prices haven't been firmed up, but it's expected to fetch farmers up to 20 times the price of regular canola oil.

No wonder farmer Dalgarno is excited.

Owen Roberts is an agricultural journalist at the University of Guelph. Follow him on Twitter at @TheUrbanCowboy.



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Pillar rocks M's to sleep

BLUE JAYS

Centre-fielder makes Mom proud with walk-off homer

As Kevin Pillar rounded third, he had one thought on his mind as he ran toward his teammates waiting at home plate: protect his jersey.

Pillar had promised his mom Wendy and his wife Amanda that he'd take a Mother's Day picture with them after Toronto's 3-2 win over the Seattle Mariners on Sunday and he wanted to have his jersey in good shape for the photo op. His two-out, line drive home run in the bottom of the ninth, however, threatened the pristine condition of his jersey. Pillar escaped his roughhousing teammates and bolted for the home dugout at Rogers Centre. Still, third baseman Darwin Barney doused him and the jersey with Gatorade during a post-game TV interview.

"I got one of the buttons ripped but I wanted to keep it in as good a shape as possible for the photo," said Pillar. "It was a little orange but, those are memories I'll remember for the rest of my life and we got



The Jays welcome Kevin Pillar home after his walk-off solo shot on Sunday at Rogers Centre.

STEVE RUSSELL/TORSTAR NEWS SERVICE

SUNDAY In Toronto



the photo to commemorate it."

Pillar came to the plate with two outs and the game seemingly headed to extra innings, but he brought the 42,030 in attendance to their feet with his first career walk-off home run. He's also the first Toronto centre-fielder to hit a walkoff since

Vernon Wells did it in July 2006.

Justin Smoak also hit a home run, a two-run shot, for the Blue Jays (17-21), who have won five straight. Toronto's four-game sweep of the Mariners was its first since the Blue Jays beat the Minnesota Twins in four straight in August 2015.

"It's a feeling you can't describe. It's just pure joy. It's the top of the mountain for a hitter," said Pillar when asked what it feels like to hit a walk-off home run. "To be in the box, put a good swing on it and watch it go over the fence. Look at a guy

like Justin Smoak, who's not a real emotional guy, see what a home run does to him."

Aaron Sanchez returned to start after a stint on the 10-day disabled list and allowed one unearned run, five hits and struck out four in five innings pitched.

Sanchez was out since May 1 with a split nail on the middle finger of his throwing hand. Blood appeared on Sanchez's right thigh, around his belt, after two innings.

Ryan Tepera earned the win after working 2-1/3 innings.

THE CANADIAN PRESS

PGA TOUR

Young champion emerges at Players

Si Woo Kim became the youngest winner of The Players Championship with a game and nerves well beyond his 21 years.

Kim was nearly flawless Sunday on the TPC Sawgrass, closing with a 3-under 69 with no bogeys on his card for a three-shot victory in golf's biggest tournament this side of the major championships.

The South Korean gets \$1.89 million for his second PGA Tour victory and a three-year exemption to the Masters.

Ian Poulter and Louis Oosthuizen tied for second.

THE ASSOCIATED PRESS



Si Woo Kim played his final 20 holes of the Players Championship without a bogey. THE ASSOCIATED PRESS

IN BRIEF

Tottenham closes out White Hart Lane in style

Tottenham fans flooded onto the pitch after a 2-1 victory over Manchester United in the final game at White Hart Lane secured second place in the Premier League and the team's highest finish in 54 years.

Victor Wanyama and Harry Kane scored to ensure it was a joyful send-off by Tottenham.

THE ASSOCIATED PRESS

Warriors dig out of hole to sting Spurs, take series lead

Stephen Curry scored 40 points and hit a tying three-pointer with 1:48 remaining, and the Golden State Warriors rallied after Kawhi Leonard was lost to an ankle injury to beat the San Antonio Spurs 113-111 on Sunday in Game 1 of the Western Conference final.

The Warriors trailed by as many as 25 points.

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- 1/2 cup almond milk
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- 1/4 cup dried blueberries
- 3 Tbsp quick cook oats
- 2 Tbsp chia seeds
- 1 Tbsp maple syrup
- 1/4 tsp vanilla extract
- pinch allspice
- pinch salt

- raspberries
- slivered almonds
- **Optional extras:** chia, flax meal, hemp heart seeds, bee pollen, walnuts, slivered almonds, pecans, pumpkin seeds, sunflower seeds or even nut butters

Directions

1. In mixing bowl, whisk almond milk and Greek yogurt. Add blueberries, oats, chia, maple syrup, extract, allspice and salt and mix.

2. Pour into two jelly-size jars and refrigerate overnight.

3. In the morning, top puddings with your favourite bits like raspberries, apple slices, banana or other fruits.

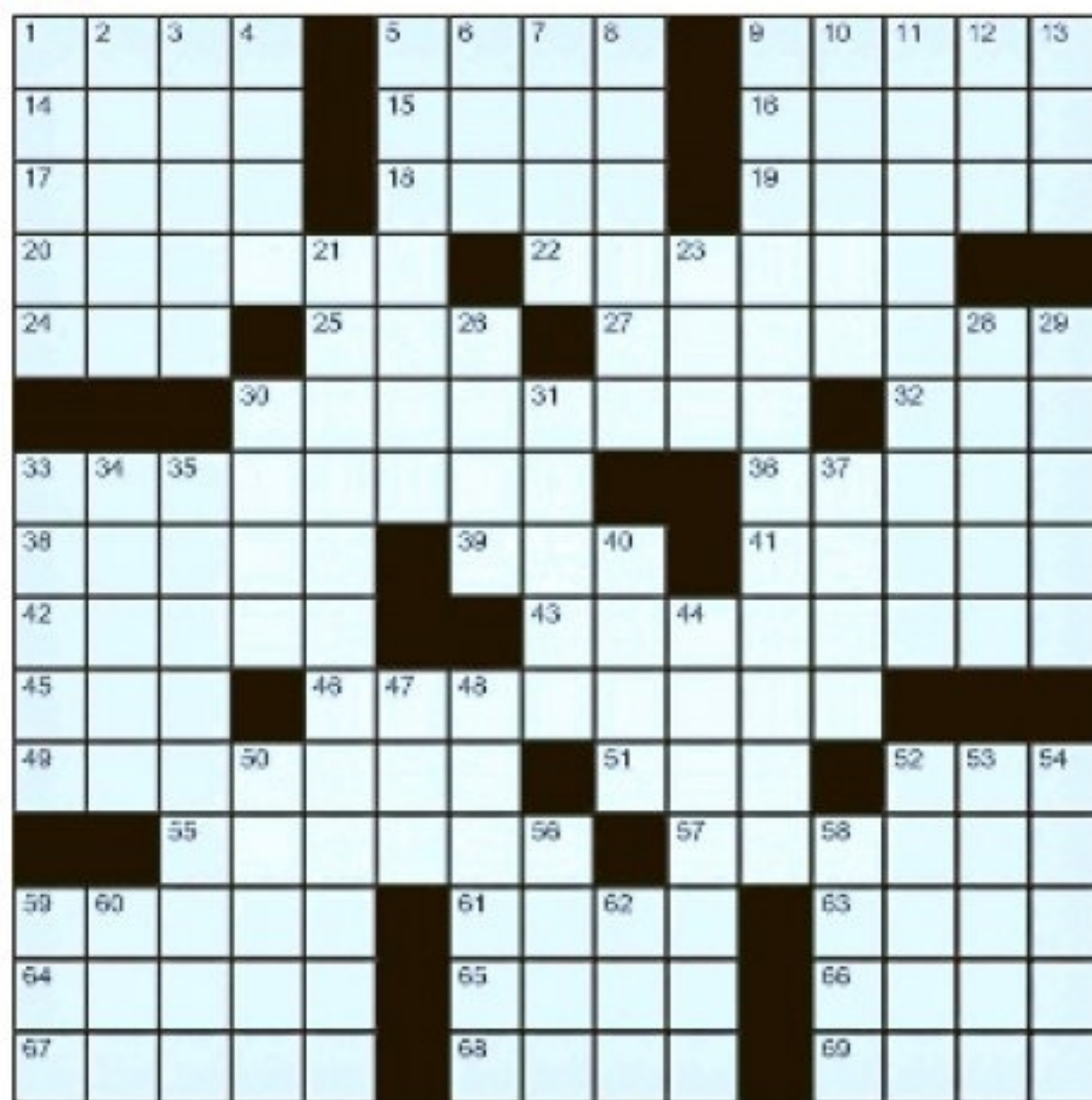
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- Muss up one's mane
- Choice
- _"hello" (Greeted)
- Visiting Van-



- couver's prov.: wd. + acronym
- Rat-a-tat-tat stuff
- Verb learned in introductory French class
- Musically disconnected, briefly
- Docking spot
- Receded

- Humour columnist Ms. Bombeck (b.1927 - d.1996)
- Rob Roy, for one

DOWN

- One gathers during a scene
- Limber
- Engined-bird flying

- over Montreal
- Design style, with Art
- Large-billed seabird
- Suggested nutritional amt.
- Prayer starter, "..."
- _ Fables

- Now-in-theatres 2017 sequel to the same-named popular 2006 Canadian action/crime/comedy in which #11-Down and #21-Down reprise their roles: 4 wds.
- Standoffish
- Actor starring as

- the Anglophone officer Martin Ward in #9-Down: 2 wds.
- Movie's special effects, commonly
- Skipper's 'sure'
- Actor starring as the Francophone officer David Bouchard in #9-Down: 2 wds.
- Writer Mr. Capote, to pals
- De _ (Excessive)
- Charlotte Bronte heroine Jane, and surnamesakes
- Marsh plants
- Bandar _ Begawan (Brunei's capital)
- Maria von _ (Julie Andrews role)
- Hollywood legend Zsa Zsa
- Autumn, in Barcelona
- Fluctuation
- L' _ Verte, Quebec
- _ measure
- Chrysler's legendary executive, Lee _
- Winged ancient Greek goddess
- Church: French
- 1959: "Pink Shoe Laces" by _ Stevens
- Imitate
- Juliet's beau at the balcony
- Huff
- Intermission, _acte
- Bugler's melody
- Viewed
- Ms. Gardner
- Loud sound!

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
You are giving a lot of thought to your earnings and cash flow at this time. But at a deeper level, you're wondering about your values in life. In other words, what really matters?

Taurus April 21 - May 21
You are empowered now because the Sun is in your sign. This happens only once a year for four weeks. Use this to your advantage!

Gemini May 22 - June 21
This is the time to think about your personal new year, which will begin on your birthday. How do you want your new year to be different from this year? Think about this.

Cancer June 22 - July 23
This is a good time to think about your long-term goals. If you share your hopes and dreams for the future with someone else, his or her feedback might help you.

Leo July 24 - Aug. 23
You look good in the eyes of others right now because the Sun is at the top of your chart. Make the most of this and demand the advantage!

Virgo Aug. 24 - Sept. 23
Grab every opportunity that comes your way to travel or explore further education today, because you want to expand your world. You want adventure and new knowledge.

Libra Sept. 24 - Oct. 23
Life is quite intense right now, which is why your response to everyone and everything also is intense. This passionate time will last for another week.

Scorpio Oct. 24 - Nov. 22
Acknowledge the fact that you need more sleep now. Get more rest and respect this. Take care of yourself.

Sagittarius Nov. 23 - Dec. 21
Because you are keen to get better organized at this time, give yourself the right tools to do a good job. Buy shelving, labels, cleaning equipment, paint — whatever you need.

Capricorn Dec. 22 - Jan. 20
This is a playful, romantic and creative time for your sign. Use it to enjoy vacations, romantic interludes with others and fun activities with children.

Aquarius Jan. 21 - Feb. 19
It's totally appropriate to put home, family and your private life first right now. For the next week, this will be your top priority. A conversation with a parent might be important.

Pisces Feb. 20 - March 20
Your days are fast-paced, and you're also full of bright, clever ideas. Just go with the flow and enjoy visiting friends, a busy schedule and interesting short trips.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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